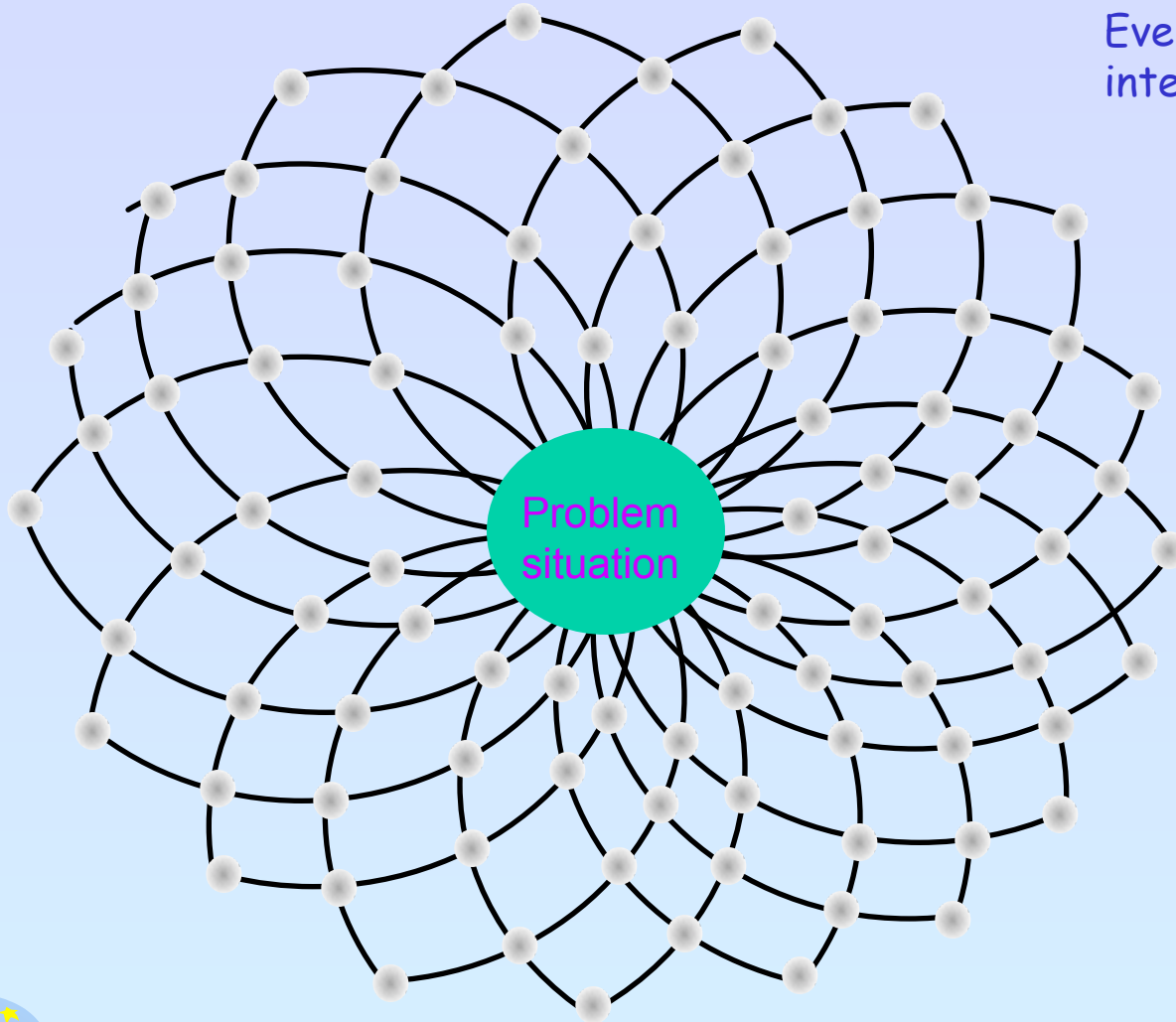


What is the Q?

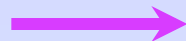
Knowledge → Experience → Wisdom

Everything is interconnected.

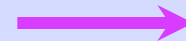


What is the Q?

Knowledge



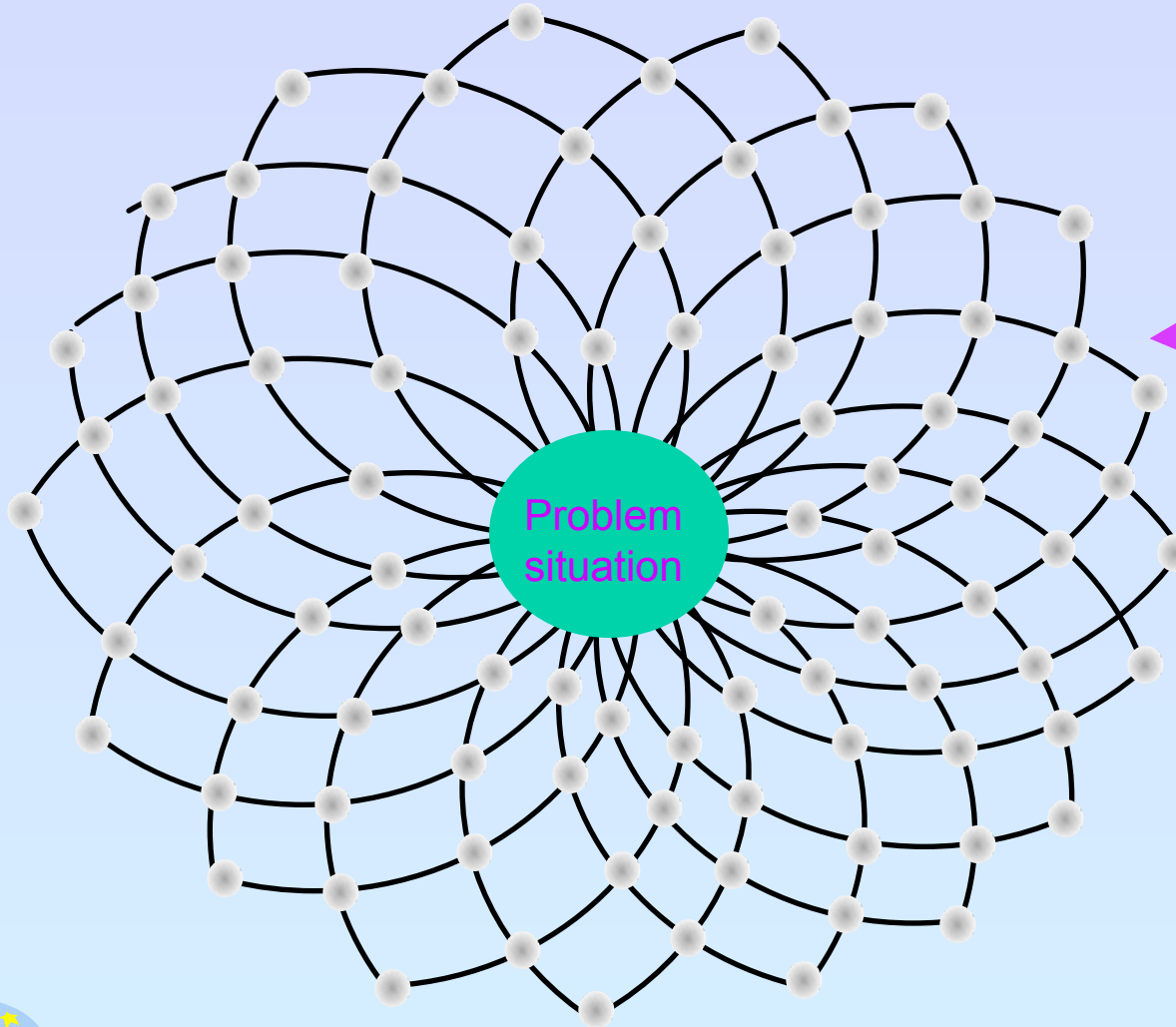
Experience



Wisdom



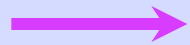
Many options



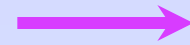
When we recognize: Everything is interconnected, many options, many variables, then it is high time to start from the question.

What is the Q?

Knowledge



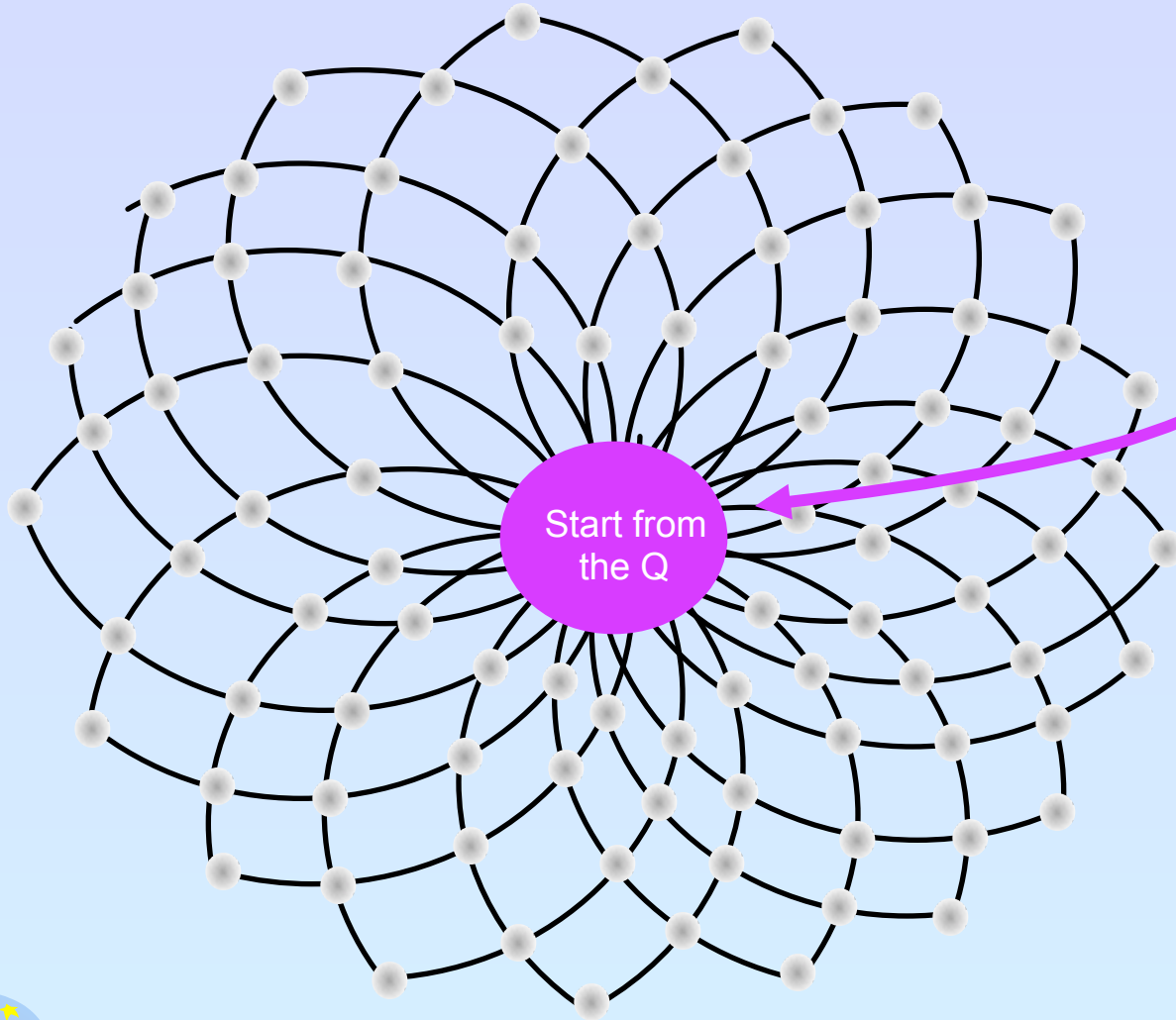
Experience



Wisdom

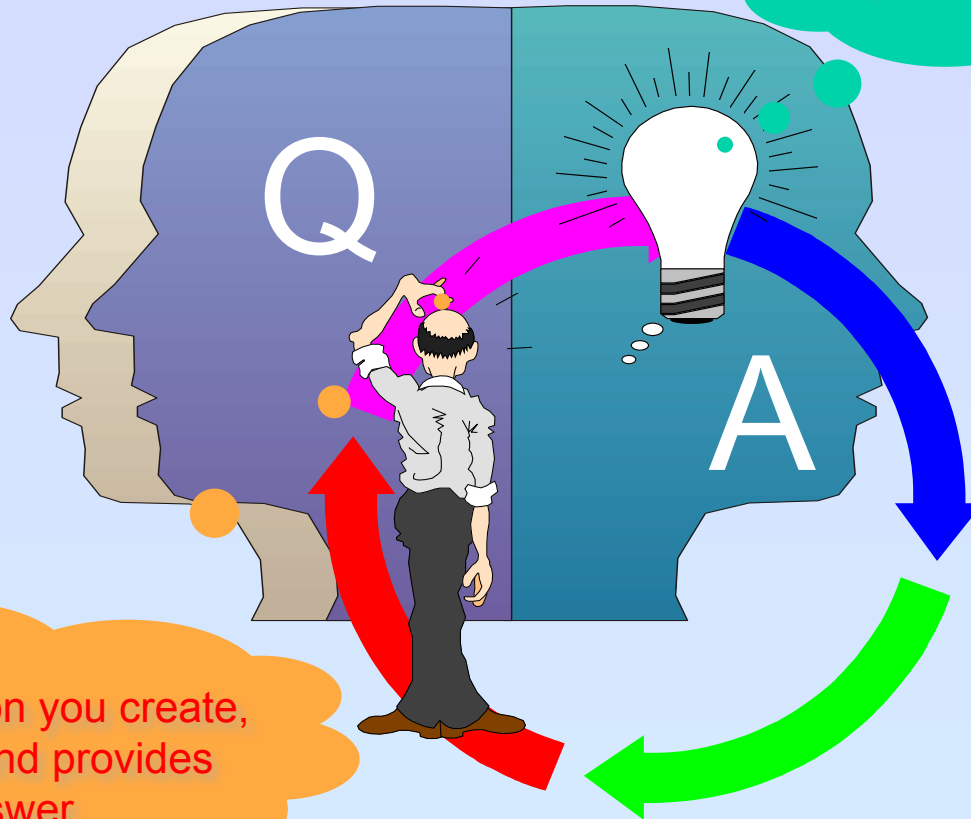


Many options



What is the Q?

If you don't like the answer, try a different question.

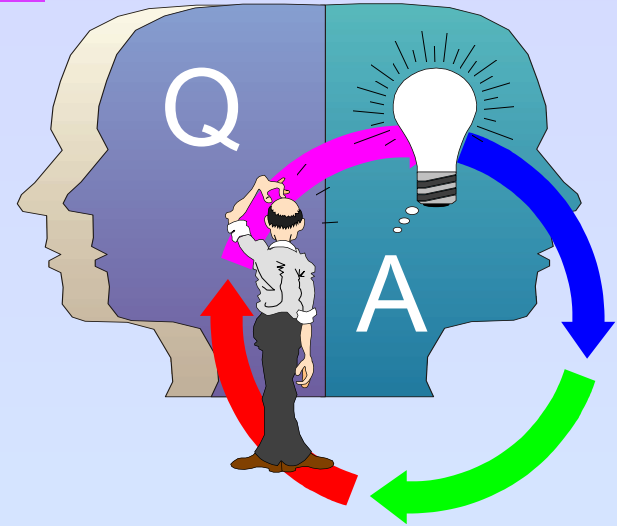
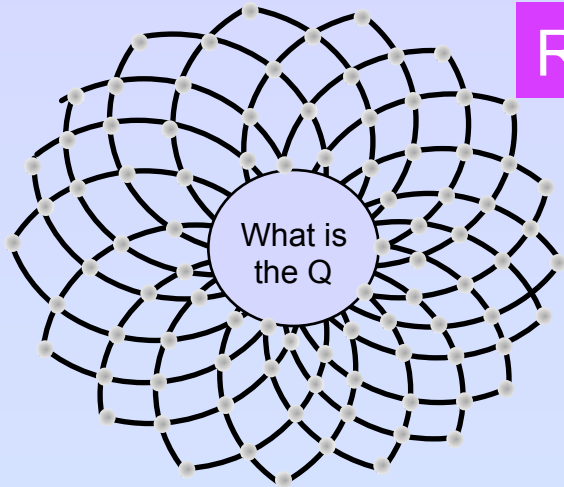


For any question you create, your brain/mind provides an answer.



What is the Q?

Rephrasing the question



1. What do I want?
2. Why do I want this? Attention to feelings!
3. Are there other ways to realize my desire?
4. What is a suitable first step?
5. What can I do right now towards this first step?

What is the Q?

End of this session

return to menu.